

Music Therapy at WollCon

Music Therapy Sessions

Music Therapy is a research-based practice delivered by university-trained professionals that uses a variety of music-making methods to achieve health and wellbeing related goals. WollCon is proud to provide music therapy as part of its music program to the community.

The content of the sessions is determined in discussion with the therapist.

Music Therapy is usually provided as individual sessions. Shared and group sessions can also be arranged in some circumstances.

Therapy sessions are generally provided at WollCon's premises at Gleniffer Brae in Keiraville. If you require sessions held elsewhere, please contact us to discuss this.

NDIS Provider

We are registered with the NDIS for the provision of music therapy, which comes under item number 15_056_0128_1_3, labelled as "*Individual assessment, therapy and/or training (includes assistive technology)*".

Our understanding though is that for WollCon's Music Therapy to be covered under the NDIS:

- It is necessary for your NDIS Plan to specifically include "therapy" within the "Capacity Building" component of your plan.
- It is especially helpful if the associated "goals and outcomes" describe music related outcomes in addition to general wellbeing outcomes.
- We are aware that a letter of support from a therapist can sometimes be helpful with having music therapy listed on your plan. If you would benefit from such a letter, please be in touch with us.

If you will be using agency-managed funds, we will later need some details from your NDIS plan.

Costs of Therapy

Please see the separate pricing sheet for a full list of costs of therapy, report writing and any travel time that may be involved in offsite sessions.

Apply for Music Therapy

To apply, please go to wollcon.com.au and follow the links to the application form. Based on the information you provide in your application, we will be in touch with you to connect you with a therapist to discuss suitable time and content for therapy sessions.